



Report on Guest Lecture titled "Emotional Intelligence as a Tool for Effective Classroom Discipline and Positive Behavior" organized by the Faculty of Education

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Thu, 7 May, 2026 at 11:30 am



INTEGRAL UNIVERSITY



Faculty of Education

Report

on

Guest Lecture

Emotional Intelligence as a Tool for Effective Classroom Discipline and Positive Behavior
24th February, 2026, at 11:00 am onwards

Details in a nutshell:

Students	Faculty Members	Total Participants
62	13	75

A guest lecture titled "Emotional Intelligence as a Tool for Effective Classroom Discipline and Positive Behavior" was organized by the Faculty of Education, Integral University, Lucknow, on 24 February 2026 at 11:00 a.m. in room no. W301(B), 3rd Floor, Academic Block-W, Phase-II. The event was conducted in alignment with SDG 3 (Good Health and Well-being) and SDG 4 (Quality Education), and was attended by a total of 75 participants, including students, research scholars and faculty members of the Department of Education.

The programme commenced with the formal welcome of the resource person, Dr. Paul Mathew, Assistant Professor, Department of Education, Isabella Thoburn College, Lucknow, followed by the presentation of a bouquet as a token of respect and appreciation by Dr. Azkiya Waris, In-charge Head, Department of Education. She extended a warm welcome address, highlighting the relevance of emotional intelligence in contemporary classrooms and situating the lecture within the broader objectives of holistic teacher education.

In the technical session, Dr. Paul Mathew provided rich insights on emotional intelligence as a vital competency for teachers to ensure effective classroom discipline and to foster positive student behavior. He explained emotional intelligence as the ability to recognize, understand and manage one's own emotions while responding empathetically to the emotions of others, and linked these skills to empathy, self-regulation and social interaction in classroom settings. He elaborated on practical strategies for using emotional intelligence to de-escalate conflicts, handle disruptive behavior constructively, and build inclusive, supportive classroom environments that encourage

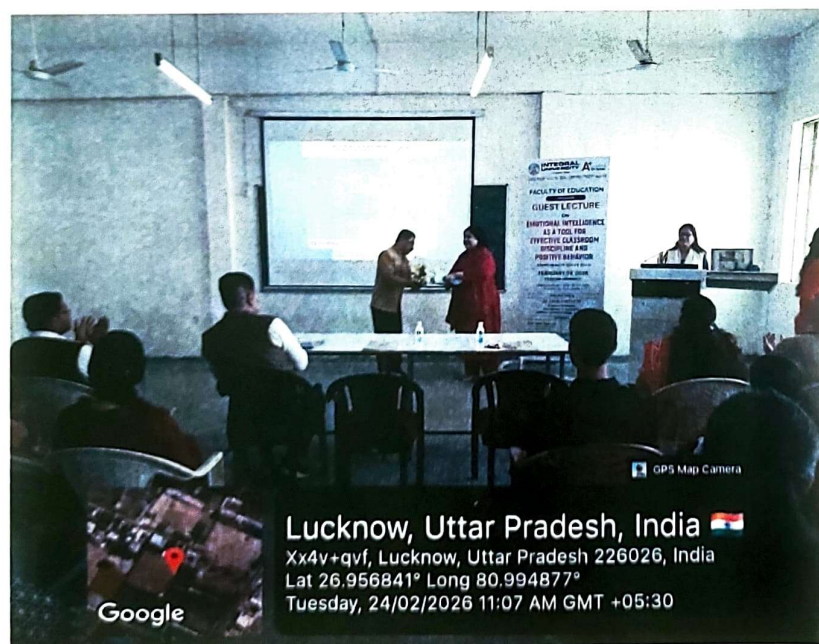
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engagement rather than dependence on punitive measures. Through examples and interactive discussion, he emphasized how emotionally intelligent teachers can model calmness, establish trust and create conditions conducive to learning.

A lively question-answer session followed, during which participants raised queries related to handling aggressive behavior, managing their own emotional stress, and integrating emotional intelligence training into pre-service and in-service teacher education. Dr. Mathew addressed the questions comprehensively, offering context-specific suggestions and reflective practices that teachers could adopt in their everyday classroom situations. The interaction allowed participants to connect theoretical constructs of emotional intelligence with their real-life teaching experiences.

Towards the end of the session, a memento was presented to Dr. Paul Mathew by Prof. (Dr.) A.K. Lodi, Dean, Faculty of Education, Integral University, as an expression of gratitude for his valuable contribution to the academic enrichment of the participants. Prof. (Dr.) Lodi also delivered brief closing remarks, appreciating the resource person's lucid and practice-oriented approach and encouraging the participants to internalize and apply emotional intelligence in their professional lives for better student outcomes. The formal vote of thanks was proposed by Dr. Manisha Singh, Event Co-ordinator and Assistant Professor, Department of Education, who expressed her gratitude to the Hon'ble management, the Dean, the Head of Department, the resource person, faculty members, students, research scholars and the organizing team for making the event a success. The program was successfully executed by the event co-ordinator and student co-ordinators Ms. Ayushi Shukla and Ms. Jasmine Khan, students of B.Ed. IV semester. The programme concluded on a positive and reflective note, reinforcing the importance of emotional intelligence as a cornerstone for effective classroom management and positive behavior support.

Glimpses of the Event:



Presentation of a Bouquet by Dr. Azkiya Waris, In-charge Head, Department of Education to the resource person.

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Sharing insights by the resource person, Dr Paul Mathew, Assistant Professor, Department of Education, Isabella Thoburn College, Lucknow.



Interaction of the resource person with the participants

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Presentation of the memento by Prof. (Dr.) A.K. Lodi, Dean, Faculty of Education, to the resource person.

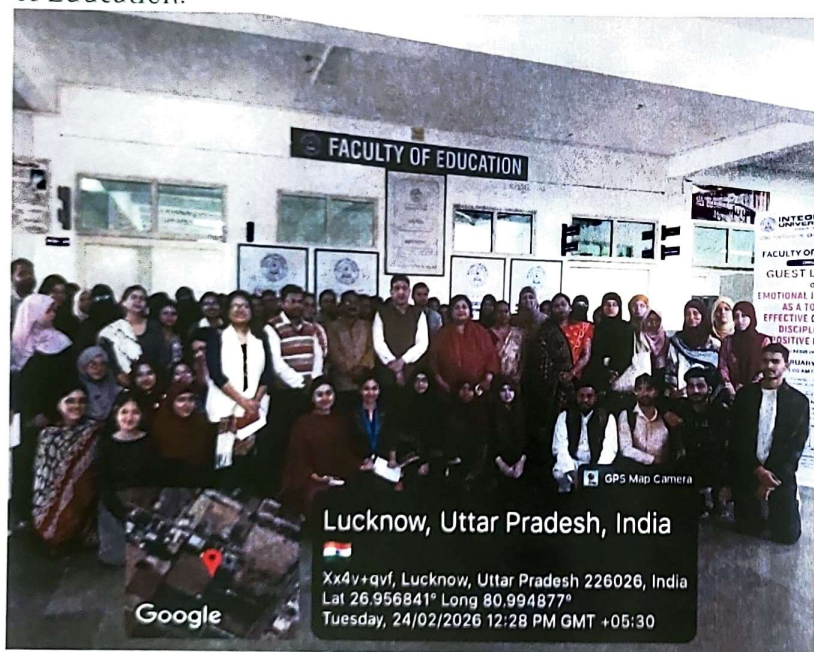


Concluding Remarks by Prof. (Dr.) A.K. Lodi, Dean, Faculty of Education.

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Formal vote of thanks by Dr. Manisha Singh, Event Co-ordinator and Assistant Professor, Department of Education.



A group photograph

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